

Summer Pilgrimage Packing Tips for Israel

We all tend to take too much with us when we travel. This list is not of required items, but rather suggestions to help you think of everything as you pack!

Luggage

___one suitcase only (standard airline requirement is a total of height, width and depth not exceeding 62 inches and 50 lb. maximum weight- check with airlines for further specifics)

___small carry-on, but not roll-aboard suitcase size (Translation: you are limited to only 1 suitcase. If everyone brings an additional full-size carry-on suitcase, we will not be able to fit everything on the coach!) **NO ROLL ABOARD STYLE**

___soft backpack or day bag, for daily use on the bus (can be packed in suitcase from US to Israel or may serve as your carry-on)

___secure document wallet for travel documents and money

Travel Documents and Currency

___passport (must be valid 6 months past departure date)

___medical insurance card

___hotel list and emergency contacts (Travel agent will send this via email)

___e-ticket confirmation (Travel agent will send this via email)

___cash, credit cards (We will explain more about this to you later)

Clothing

Comfortable & Casual is your goal for packing

Laundry services available in Jerusalem or in hotels

Important Note: Some holy sites do not allow shorts (male or female) or bare shoulders

___comfortable walking shoes

___jeans or khakis (probably 4-5) Note: shorter pants must be below the knee

___shirts (some should be long-sleeved)

___light sweater or zip up hoodie (rooms are air-conditioned)

___casual skirts (optional- no dressy clothes needed)

___hat for sun protection

___swimsuit (for women, please bring one-piece or tankini or cover with Tshirt)

___flip flops or water shoes for beaches

___sleepwear

___undergarments and socks

Toiletries

- ___ washcloths (usually not provided at hotels)
- ___ hair dryer/curling iron (be sure it is dual-voltage or you will need a converter)
- ___ sunscreen
- ___ basic personal toiletries
- ___ shampoo (hotels often only supply all-purpose liquid soap for body & hair)

Medical

- ___ prescription medication and copies of prescriptions (pack these in carry-on luggage) Note: It is recommended that prescriptions be in original bottles.
- ___ over the counter medications, such as motion sickness remedy, antacids, etc.
- ___ bandages
- ___ spare eyeglasses or contacts, and copy of eye prescription

Electronics

- ___ camera/film/memory card/transfer cords
- ___ chargers (check to see if dual 110/220 voltage) or batteries
- ___ adapter plugs (round 2-prong as for Europe) for dual voltage chargers, computers, phones, hair appliances, etc.
- ___ cell phone with charger
- ___ short extension cord
- ___ alarm clock (hotels will give morning wake-up calls)

Items Mailed from Cavins Tours

- ___ Israel Study Manual (one per family)
- ___ Magnificat Holy Land Companion (needed for masses and other devotions)
- ___ Pilgrim's Guide to the Holy Sepulchre and Golgotha in Jerusalem

Other

- ___ Bible
- ___ journal and writing supplies
- ___ address book if you plan to send postcards
- ___ detergent (*put bottle in plastic bag*)
- ___ munchies-gum, lifesavers, etc.
- ___ sunglasses
- ___ umbrella (foldup type, good to keep off the sun)
- ___ wrist watch (important to be on time!)