THEOLOGY OF THE BODY INSTITUTE presents

Way TONO 10 CER UK PILGRIMAGE

July 16-25, 2024



with
Bill Donaghy

Fr. Kevin Fox







Exploring Lewis,
Tolkien, Chesterton,
& Catholic England



with musician Mike Mangione







For pricing and itinerary, go to: TOBPilgrimages.com

or contact Select International at 800-842-4842 or jane@select-intl.com.





WHAT'S THE COST?

Land Only **\$4295.00**

Group Air*

\$700.00

Total Trip Cost

\$4995.00

Solo Traveler (Additional Cost) \$1195.00

Prices are per person

*Group Air Price based on a minimum of 10 passengers

Prices are valid only if the deposit is received no later than March 18, 2024

Final payment due May 17, 2024

Trip Code: 24JA07UKTOBI



Enroll online to guarantee your spot immediately.
You can manage your trip, see your documents and itinerary, and view or pay your invoice, from any computer or mobile device.

DAILY ITINERARY

廿July 16, Tuesday, Day 1: DEPART FROM USA

Depart on an overnight flight from Philadelphia to London. Dinner and breakfast will be served on the flight. Add-on flights from most major airports and optional premium economy and Business class fare quotes are available upon request.

합July 17, Wednesday, Day 2: ARRIVAL - LONDON - STONEHENGE - OXFORD

We arrive in London in the late morning and meet our tour manager. On our way to Oxford, we stop for a lunch break and to visit Stonehenge. Mass to be celebrated (TBD). Settle into your hotel, unpack, and gather for our welcome briefing and dinner. Overnight in Oxford (D)

합July 18, Thursday, Day 3: LEWIS' OXFORD - CHRONICLES OF NARNIA

After Bill Donaghy gives the first of his daily reflections at 8 a.m. at our hotel, we visit C.S. Lewis's grave and his house, the Kilns. We walk to Littlemore, where St. John Henry Newman lived, and celebrate Mass at the Oxford Oratory (TBC), where Cardinal Newman preached, Gerard Manley Hopkins served as a priest, and where J.R.R. Tolkien frequently attended Mass. After visiting the Relics Chapel, we visit the Anglican Church of St. Mary the Virgin, where C.S. Lewis delivered his speech that became "The Weight of Glory." Lunch is on our own. In the afternoon, we dive into the Chronicles of Narnia with a reflection from a special guest. We then head back to our hotel for dinner or you can dine out on your own. Overnight in Oxford. (B.D)

邙July 19, Friday, Day 4: TOLKIEN'S OXFORD - INKLINGS

After morning reflection at 8 a.m., we explore the life and influences of JRR Tolkien, beginning with a trip to his home parish of Sts. Gregory and Augustine in Oxford, where we celebrate Mass. Tolkien and his wife are buried in the parish cemetery. Return to the hotel for an early evening and dinner at the hotel. Overnight in Oxford. (B.D)

¹ July 20, Saturday, Day 5: THE LORD OF THE RINGS

We begin the day with reflection and then the celebration of Mass (TBD). After an open lunch, we spend the afternoon (weather permitting) on a beautiful 5 to 6-mile walk through the Cotswolds nature reserve, which Tolkien frequently walked and where he found inspiration for the Shire and other lands in his writings. For those who cannot do the full or partial walk, there will be an option to return to the hotel. Dinner at the hotel or on your own. Overnight in Oxford. (B.D)

¹ July 21, Sunday, Day 6: GK CHESTERTON - MARTYRS of LONDON

Begin the day with reflection at 8 AM at the hotel. We say goodbye to Oxford and head to London. Along the way, we stop at Beaconsfield to visit the home and graves of G.K. Chesterton and his wife, Frances. Mass will be celebrated. After an open lunch, we proceed to London, where we enjoy a walking tour with reflection from Catholic Historian Joanna Bogle. Check into our hotel and enjoy dinner at the hotel or on your own. Overnight in London. (B.D).

¹ July 22, Monday, Day 7: HISTORIC LONDON - AFTERNOON AT LEISURE TO EXPLORE ON YOUR OWN

This morning we have a city panoramic tour of London, including major sites such as Buckingham Palace, Trafalgar Square, and St. Paul's Cathedral (outside views). Mass at

This active program requires walking twelve to fifteen thousand steps daily, often on uneven surfaces, cobblestones, and some stairs.



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fund an orphanage, parochial school for Christian children, medicine and care for the severely disabled, and micro-grants to assist Christian women who are raising families at the intersection of three world faiths. To learn more about how your travel is helping Christian families, please visit www.selecttogive.org

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Westminster Cathedral, the mother Catholic church in England and Wales. Visit Westminster Abbey to see the historic Poet's Corner, the tomb of St. Edward the Confessor, and the tombs of where 17 monarchs are buried (including Queen Elizabeth II). We visit Westminster Hall within the Houses of Parliament — where the trial of St. Thomas More was held and which Pope Benedict XVI visited. (TBC). Enjoy the afternoon on your own to explore, such as Shakespeare's Globe Theater and the West End. Dinner is at leisure. Overnight in London. (B)

합July 23, Tuesday, Day 8: OUR LADY OF WALSINGHAM

As we near the end of our time together, we turn our eyes to Mary and her patronage of the United Kingdom. Tolkien's deep love of Mary made its way into much of his writings. In recent years, there has been a resurgence of devotion to Our Lady of Walsingham, where Mary asked that a chapel be built over her apparition site that has since been known as a place for healing and for taking one's shoes off before entering. We take a day trip to visit and celebrate Mass at the National Shrine of Our Lady of Walsingham, England's answer to Lourdes and Loretto. We hear a special reflection from Fr. David Marsden, a friend of TOB Institute who has helped rekindle this devotion in England. Dinner at the hotel or on your own. (B.D)

邙July 24, Wednesday, Day 9: DAY AT LEISURE − LONDON

After our final morning reflection with Mass at Brompton Oratory, we have a day at leisure to explore London on our own, visit a museum, or the Tower of London. Be sure to secure tickets online well in advance of your visit to the places you are interested in seeing. We will gather one last time for a farewell dinner cruise along the Thames River. Overnight in London. (B. Special dinner cruise)

♥ July 25, Thursday, Day 10: RETURN TO USA

After breakfast, we board our motor coach and are transferred to the airport for our flight back to Philadelphia. (B)



YOUR COMPREHENSIVE TOUR INCLUDES

- Roundtrip airfare from Philadelphia to London
- · Airport taxes and fuel surcharges
- · First-class hotels for 8 nights
- · Service charges and hotel taxes
- · Buffet breakfast daily
- 6 Hotel dinners (standard 3-course menu; beverages may be purchased at an additional cost)
- Three-hour Thames River Night cruise with dinner accompanied by wine
- All transfers with a private A/C motor coach as per itinerary
- Professional English-speaking Christian tour guide throughout
- Entrance fees are included to sites specifically listed (outside view means no entrance is included)
- Luggage handling at hotels (one piece per person in/out)
- Select International Tours Travel Portfolio
- Confirmation of daily private Mass
- Whisper sets
- We recommend you consider purchasing CFAR Travel Protection

RATES DO NOT INCLUDE

- · Personal expenses
- Medical Insurance
- Gratuities for the guide(s), driver, and wait staff (please refer to the suggestions we will make available to you)
- Any items not explicitly mentioned in the listed inclusions
- Beverages at meals unless otherwise noted
- · Church donations

BAGGAGE CHARGES NOT INCLUDED IN TRIP COST:

- Any airline baggage charges
- Baggage handling at train stations, airports, and hotels in excess of one suitcase per person
- Any charges incurred due to excessive luggage including the cost of an additional baggage vehicle or porterage charges



DEPOSITS AND FINAL PAYMENT: Please see the bottom section of this page for instructions on how to enroll on this trip. A **deposit of \$500.00** per person and a copy of your passport picture page should be sent by **March 18, 2024. Final payment is due by May 17, 2024. A late payment fee of \$100 will be charged per person for all payments received after the final payment date. Please mail your payment to: Select International Tours, 85 Park Ave., Flemington, NJ 08822 Attn: Jane Allison, 800-842-4842, jane@select-intl.com.**

Your passport must be valid through January 25, 2025. Reservations will not be processed until we have passport copies. Prices quoted are based on payments by check. Prices: \$4,295.00 for land only (air not included); \$700.00 for group air; \$4,995.00 for land and air; \$1,195.00 for solo traveler, additional cost, (in room by yourself). A non-refundable 4% credit card convenience fee applies to all credit card transactions.

PILGRIMAGE PRICES: Prices are based on minimum 20 passengers. Prices may be adjusted in the event of fewer than 20 passengers, changes in currency conversion rates, or amendments in local government taxes and/or fuel surcharges. Prices are in US dollars. For travel to Great Britain, an exchange rate of 1.26 GBP to USD is assumed.

SOLO TRAVEL: A limited number of single rooms are available. Prices are based on two people per room. We do not guarantee roommates but will do our best to connect you with a someone willing to share.

LAND ONLY OPTION: Land only services start and end at the hotels and do not include any airfare. You are welcome to transfer from the airport with the group if you arrive at the same time, otherwise, transfers are not included.

TOUR CANCELLATION POLICY: Individual deposits are refundable except for a \$350.00 per person handling fee for cancellations made 89 days or more before departure. A \$500.00 non-refundable fee will be assessed if the reservation is canceled between 90 and 60 days prior to departure. Within 60 days of departure all payments are non-refundable regardless of reason for cancellations. All airline tickets are non-refundable once issued. All cancellations must be in writing. Unused portions of the trip are not refundable. If a roommate cancels, the cost of a solo supplement will be added to your invoice. You may be eligible for a refund through your travel protection. Refer to the U.S. Policy by State on our website.

TRIP CANCELLATION PROTECTION: We strongly encourage you to purchase a **Travel Protection Plan**, for the protection of your travel investment. Please consider purchasing this plan at the time of initial deposit in order to be covered for pre-existing conditions.

Visit <u>portal.trawickinternational.com/affiliate/home/18184</u> or call **888-681-6272** for details and costs for the Select International Travel Protection Plan with optional Cancel for any reason (CFAR). Please note that CFAR is not available in NY State. The plans contain insurance benefits underwritten by the United States Fire Insurance Company. The plans also contain non-insurance Travel Assistance Services that are provided by an independent organization.

AIRLINE, SEATING AND SPECIAL REQUESTS: To best accommodate our pilgrims, we often utilize Group Air Reservations. These allow more predictable transfer and tour schedules. However, when booking Group Air, the airline (not

Select International Tours) controls seating assignments. If you require very specific seats, we suggest that you book your own airfare and take advantage of our "Land Only" options. You may communicate directly with the airline to request seating changes, provide mileage program information, or change passenger contact information once you receive ticket numbers—approximately three (3) weeks prior to departure. We work with instant purchase airline tickets and or group rates. If you switch from air and land to land only within 90 days from departure you will be charged a \$100 service fee in addition to any airline charges. All special needs and requests due to medical or dietary restrictions must be requested in writing at least 60 days prior to departure. Business class and Premium Coach seats are available upon written request; as are addons from your hometown airport. If you require very specific airlines or schedules, we suggest that you book your own airfare and take advantage of our "Land Only" options.

WALKING: Our trips require daily walking, sometimes up or down slopes, steps, and uneven terrain. We recommend preparing oneself, by walking before the trip. Anyone needing assistance is required to be accompanied by a qualified and physically-able travel companion. We are not responsible for any medical condition that occurs prior, during or after the trip.

SAFETY PROCEDURES: Select International Tours has undertaken a reasonable inquiry, with all the suppliers (including airlines, hotels, bus companies and other service providers)used on our trips to ensure they have instigated the best available procedures regarding the pandemic-protective policies advised by local government and health authorities. The client understands and agrees that the supplier(s) may not apply those policies as diligently as the policies suggest. In addition even if the supplier makes a good faith effort to enforce its good practices, some travelers may simply refuse to cooperate. Therefore the client agrees not to hold Select International Tours or group leaders responsible should they or anyone on the trip contract COVID-19 or any other illness during or after the trip

RESPONSIBILITY: By accepting this confirmation, you agree that the Group Leaders and Select International Tours, Inc. have no responsibility for any acts or omission of the travel suppliers in your itinerary and during your trip. We have no special knowledge regarding the financial conditions of the suppliers, unsafe travel conditions, health hazards, or weather hazards at locations traveled. We are not responsible for flight delays or cancellations or any charges incurred due to unforeseen circumstances. Unused portions of the trip are non-refundable. For information about destination climate, risks, and safety please consult the appropriate on-line resources. For health information consult the Center for Disease Control and Prevention. You are responsible for checking passport, visa, vaccination, or other entry requirements of your destinations. Itineraries are subject to change. We are not responsible for any damaged, lost, or stolen articles. We are not responsible for any sickness, injury, or death during or after the trip. Travel documents will be mailed out approximately three (3) weeks before departure. Please review them carefully for any errors.

SHIPPING & HANDLING: \$15.00 per person—not included in package price—will be added to each invoice. Your invoice will confirm the trip registration.

Theology of the Body Institute UK Pilgrimage with Bill Donaghy, Fr. Kevin Fox, and Musican Mike Mangione
Trip Code: 24JA07UKTOBI

July 16-July 25, 2024

THE BENEFITS OF REGISTERING ONLINE FOR YOUR PILGRIMAGE:

Over the last several years, our clients have requested more control over the trip booking process, payments, and, most importantly, communication about the trips. Our response to these comments and requests had taken two years to implement, but we are happy with the results. Select has committed to a major financial and time investment in building an online reservation system that is easy to navigate using your home computer, tablet, or smartphone. We have addressed most of the requests and suggestions provided by clients. The benefits of the new system to you are a simplified registration process, the ability to access your information at your convenience, review your payment history and get trip information while easily communicating with your Account Manager and group leader.

When you register online, you will receive regular email updates about your trip and useful tips and tricks for making your international travel more comfortable and enjoyable. And best of all, you can register online even if you prefer to pay by check or wire transfer; just choose that option upon checkout.

Register online* ✓
Pay the deposit ✓
Complete the tasks in your online profile ✓
*See how easy it is to register online:

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We understand that some people are not comfortable with technology and prefer to register via mail-in paper registration, regardless of the many benefits of registering online. To make that easy, we have created a generic registration form on our website at https://selectinternationaltours.com/register-online/. You may download and print the form, fill it out and mail it with your check to Select International Tours. However, before you choose to register by mail, please know that we cannot communicate with people who do not register online as frequently and seamlessly. And you may miss some important communication regarding balances and trip preparation, as well as communication from your group leaders. We want you to be in charge and be comfortable with the registration process; our job is to inform you so you can choose the best system for you.

To learn how easy it is to register online, please view THIS SHORT 6-minute VIDEO that explains the process at https://selectinternationaltours.com/register-online/.