

WILD + FREE

A Renaissance of Wonder Through Italy for Wild + Free Mothers with Ainsley Arment

including Rome, San Gimignano, Siena, and Florence

11 Days
April 5-15, 2027



For More Information Contact: Select International Tours

800-842-4842 rebecca@select-intl.com

selectinternationaltours.com/wildandfree



WHAT'S THE COST?

Base Price - \$4995.00

Base Price and Group Air - \$5895.00

Solo Room - \$1295.00*

**additional cost*

Register online now -

selectinternationaltours.com/wildandfree

Prices are per person

**Land Only - Option to purchase air on your own and meet the group at the airport on April 6, 2027*

Group Air Price based on a minimum of 10 passengers

Prices are valid only if the deposit is received no later than December 22, 2026

Final payment is due February 4, 2027

Trip Code: 27RS04ITAA-SB



April 5, Monday, Day 1: DEPART FROM USA

We depart on an overnight flight to Rome. Dinner and breakfast is served on the flights. Quotes for add-on flights from different airports, optional Premium Economy, and Business Class upgrades are available upon request and will be provided starting 120 days before departure. Group air restrictions (for ten passengers traveling together) do not permit specific seating requests on flights. We recommend purchasing your own airline tickets and land-only packages with us if seat confirmation is an important part of your trip. Should you require any additional information, please do not hesitate to contact your trip Account Manager, who will be happy to assist you.

April 6, Tuesday, Day 2: WELCOME TO ITALY – THE CATACOMBS

Welcome to Italy! We arrive in Rome, where our professional tour manager greets us at the airport. We board our private coach and make our first stop on the city's outskirts at the ancient underground Roman Catacombs, exploring the fascinating miles of subterranean tunnels and centuries-old frescoes. Following lunch we check into our hotel, leaving the rest of the afternoon at our leisure to relax, unpack, and rest after the long flight. Overnight in Rome. **Meals: Welcome Dinner with wine**

April 7, Wednesday, Day 3: HISTORIC SQUARES – LA DOLCE VITA

Today is completely dedicated to Rome's beautiful historic center. We take a leisurely walking tour to see the iconic Trevi Fountain, the Spanish Steps, and the architectural marvel of the Pantheon (the best-preserved building from ancient Rome). Our guided walk ends at the vibrant Piazza Navona, leaving us with a completely free afternoon and evening for shopping, exploring at our own pace, and local dining. Overnight in Rome. **Meals: B.L**

April 8, Thursday, Day 4: VATICAN MUSEUMS – SISTINE CHAPEL – ST. PETER'S

Today is dedicated entirely to world-class art and architecture. We begin with a visit to the Vatican Gardens with an open bus tour, followed by a visit to the Vatican Museums to walk through the magnificent Raphael Rooms and stand beneath Michelangelo's legendary ceiling in the Sistine Chapel. Afterward, we tour St. Peter's Basilica from an architectural and art-history perspective to appreciate its scale, massive dome, and masterworks like Michelangelo's Pietà. The evening is ours to enjoy at leisure. Overnight in Rome. **Meals: B**

April 9, Friday, Day 5: ROME – TIVOLI GARDENS – TUSCAN VILLA

This morning, we depart Rome and head to the nearby town of Tivoli to visit the Villa d'Este, a magnificent 16th-century Renaissance estate famous for its breathtaking, gravity-powered water fountains and terraced gardens. After lunch, we drive into the heart of Tuscany to check into our Tuscan villa, our beautiful base for the next five nights. Settle into the countryside, take in the views, and enjoy a relaxed evening. Overnight in Tuscany. **Meals: B.D**

April 10, Saturday, Day 6: SAN GIMIGNANO – HANDS-ON COOKING CLASS

After breakfast, we visit San Gimignano, the epitome of a Tuscan hill-top town, famous for its 14 medieval towers and beautiful stone piazzas. Enjoy a leisurely morning exploring the ancient streets, shopping for local crafts, and sampling world-champion gelato at Piazza della Cisterna. This evening, we head to a local estate for a hands-on pasta-making class, channeling the wonderful energy of Italy. We enjoy our homemade culinary creations for dinner. Overnight in Tuscany.

Meals: B.Special Dinner



April 11, Sunday, Day 7: VAL D'ORCIA LANDSCAPE DRIVE – VINEYARD DINNER

Today we immerse ourselves in the classic, postcard-perfect Tuscan landscape. We take a scenic drive through the rolling hills of the Val d'Orcia, stopping in the Renaissance town of Pienza, famous for its architectural symmetry and world-class Pecorino cheese. Our stop includes a local cheese tasting! Tonight features a major highlight: a magical outdoor dining experience in a Tuscan vineyard, dining al fresco among the grapevines as the sun sets. Overnight in Tuscany.

Meals: B.Special Dinner

We then head to the Accademia Gallery, where we stand together before Michelangelo's original masterpiece, David. Afterward, enjoy a walking tour including the historic Ponte Vecchio stone bridge and the Piazza della Signoria, followed by free time at the bustling Mercato Centrale food market. Dinner is at leisure. Overnight in Florence. **Meals: B**



April 12, Monday, Day 8: MEDIEVAL SIENA – AGRITURISMO FARM VISIT

Today we visit the gorgeous Gothic city of Siena. We take a guided city tour through its distinct historical districts (contrade), learning about the city's fierce neighborhood traditions and visiting the magnificent shell-shaped Piazza del Campo. In the afternoon, we head into the countryside to visit a traditional, working Tuscan agriturismo. We tour the property, see how their estate olive oil and wine are produced, and relax on the beautiful grounds before enjoying a rustic, farm-to-table dinner made entirely with ingredients grown right on the property. Overnight at the villa. **Meals: B.Special Dinner**

April 13, Tuesday, Day 9: FLORENCE – THE DAVID

Florence awaits us today! Upon arrival, we stop at Piazzale Michelangelo for the absolute best panoramic view of the Florentine skyline.

April 14, Wednesday, Day 10: FLORENCE AT LEISURE – FAREWELL DINNER

Enjoy a full day at leisure in Florence to explore the city entirely at your own pace. You might choose to visit the world-famous Uffizi Gallery (to see Botticelli's Birth of Venus), stroll through the Boboli Gardens, or shop for Florence's famous leather goods. Tonight, we gather for a celebratory farewell dinner in a local restaurant with excellent Tuscan wine to toast an incredible journey. Overnight in Florence.

Meals: B.Special Dinner

April 15, Thursday, Day 11: RETURN TO USA

Today marks the end of our Italian adventure. We transfer to the Florence airport for our return flight home, taking with us memories to last a lifetime. **Meals: B**

YOUR COMPREHENSIVE TOUR INCLUDES

- Round-trip group airfare from Newark to Rome and from Florence to Newark
- Airport taxes and fuel surcharges
- First-class hotels for 9 nights
- Service charges and hotel taxes
- Buffet breakfast daily
- 1 restaurant lunch
- 1 Hotel dinner
- Welcome dinner with wine
- Pasta Making Class with wine
- Dinner at a vineyard in Tuscany
- Agriturismo Dinner
- Farewell dinner with wine
- Pecorino Cheese Tasting
- All transfers with a private A/C motor coach as per the itinerary
- Professional English-speaking Christian tour guide throughout

- Entrance fees are included for sites specifically listed (outside view means no entrance is included)
- Luggage handling at hotels (one piece per person in/out)
- Select International Tours Travel Portfolio
- Whisper sets

RATES DO NOT INCLUDE

- Personal expenses
- Trip Protection and Medical Insurance (highly recommended)
- Tipping /Gratuities for the guide(s), driver, and wait staff (please refer to the suggestions we will provide for you with your final documents)
- Any items not explicitly mentioned in the list of inclusions

- Beverages at meals, unless otherwise noted
- Airport transfers for land-only passengers unless the travelers are at the airport at the same time as the group
- Airline seat assignment and flight pre-check-in
- ETIAS European Visa application and fees

BAGGAGE CHARGES NOT INCLUDED IN TRIP COST:

- Any airline baggage charges
- Baggage handling at train stations, airports, and hotels in excess of one suitcase per person
- Any charges incurred due to excessive luggage including the cost of an additional baggage vehicle or portage charges

Select Protect

Travel Protection Plan

Plan Highlights

- Comprehensive coverage for trip cancellation, trip interruption, emergency medical and post-departure travel coverage up to \$100,000
- Up to \$150,000 in Emergency Evacuation and Repatriation of Remains coverage available
- 100% of Trip Cancellation coverage up to \$25,000
- 150% of Trip Interruption coverage up to \$37,500
- Optional Cancel For Any Reason coverage available
- Pre-Existing medical condition waiver available

10-Day Free Look Period

If you are not satisfied within 10 days of purchasing this plan, Trawick International will refund your premium cost if you have not departed on your trip or filed a claim.

Trip Cancellation Covered Reasons

This is a list of some covered reasons for Trip Cancellation. Please refer to the plan document for a full list.

- Sickness, Accidental Injury, or Death of You, a Family Member, Traveling Companion, or Business Partner
- Sickness, Injury, or Death of Non-Traveling Family Member
- Hijacked, Quarantined, required to serve on a jury, or subpoenaed
- Employment Terminated or Laid-Off
- Approved Military Leave Revoked or Military Re-Assignment
- Terrorist Incident
- Your Home made Uninhabitable by Natural Disaster or Burglary
- Inclement Weather Causing Complete Cessation of Air/Common Carrier Services
- Mechanical breakdown Causing Complete Cessation of Air/Common Carrier Services

Assistance Services

Traveler Lounge Pass

Allowing you the convenience of airport lounge access if your flight is delayed by more than two (2) hours.

This service is available to Trawick International policy holders if: You have registered your flight at go.TravelerLoungePass.com at least twenty-four (24) hours before your scheduled flight departure time; and Your flight has been delayed by more than two (2) hours. If your flight was delayed by more than two (2) hours but there's no lounge available at the airport where you are, you may still use the lounge access code any time in the next six (6) months.

Runway Health: Pre-travel Medication Readiness Consultation

Your Trawick travel insurance policy includes a pre-travel medication readiness consultation from Runway Health. Runway seamlessly connects travelers with US-licensed physicians with a quick, online consultation to create personalized, physician guided prescription medicine travel kits that are shipped directly to your door before departure, if prescribed. Travel better prepared and register for your complimentary consultation at trawick.runwayhealth.com.

Underwritten by:

Plan sold by Trawick International. Insurance is provided by either Technology Insurance Company or Wesco Insurance Company, an AmTrust Financial Services, Inc. company and non-insurance services by Trawick International. Limitations and exclusions apply. Plan only valid for residents of the United States.

Plan Admin:

Trawick International
Local: 251-325-1017
Toll free: 833-322-8002
PO Box 2284 Fairhope, AL 36533
info@trawickinternational.com
www.trawickinternational.com

Benefits of Coverage

Benefits	Maximum Benefit Amount
Trip Coverage	
Trip Cancellation	100% of Trip Cost up to \$25,000
Trip Interruption	150% of Trip Cost up to \$37,500
Trip Delay (6 hours)	\$1,500 (\$150/day)
Missed Connection (3 hours)	\$500
Personal Items Coverage	
Baggage Coverage	\$1,500
Per item	\$250
Limited Valuables	\$500
Baggage Delay Coverage (24 hours)	\$400
Medical & Evacuation Coverage	
Emergency Accident & Sickness Medical Expense	\$100,000
Emergency Dental Expenses	\$750
Emergency Evacuation	\$150,000
Repatriation of Remains	\$25,000
Hospital Companion Transportation	\$10,000
Hospital Companion Expenses	\$200/day, 10 days maximum
Non-Medical Evacuation	\$100,000
Pre-Existing Condition Waiver	If purchased on or before Final Payment
Pre-Existing Condition lookback period	60 days
Non-insurance 24-hour standard emergency travel assistance	Included
Optional Upgrade	
	75% of Insured Trip Cost
Trip Cancellation for Any Reason (CFAR) Optional	Must be purchased within 15 days of deposit
	Must Cancel 2 days or more prior to departure date
	Not available to residents of NY

Not all Benefits are available in all states, please see the Plan Document for all details.

Plan Rates

Trip Cost Bands	Base rate	Base & CFAR rate*
\$1-\$500	\$66	\$112
\$501-\$1,000	\$70	\$118
\$1,001-\$1,500	\$96	\$162
\$1,501-\$2,000	\$128	\$217
\$2,001-\$2,500	\$156	\$264
\$2,501-\$3,000	\$185	\$313
\$3,001-\$3,500	\$212	\$360
\$3,501-\$4,000	\$241	\$410
\$4,001-\$4,500	\$269	\$456
\$4,501-\$5,000	\$307	\$521
\$5,001-\$5,500	\$328	\$558
\$5,501-\$6,000	\$361	\$613
\$6,001-\$6,500	\$420	\$714
\$6,501-\$7,000	\$447	\$760
\$7,001-\$7,500	\$483	\$821
\$7,501-\$8,000	\$513	\$872
\$8,001-\$8,500	\$552	\$939
\$8,501-\$9,000	\$627	\$1,066
\$9,001-\$9,500	\$713	\$1,211
\$9,501-\$10,000	\$748	\$1,272
\$10,001-\$11,000	\$801	\$1,362
\$11,001-\$12,000	\$872	\$1,482
\$12,001-\$13,000	\$939	\$1,596
\$13,001-\$14,000	\$1,010	\$1,716
\$14,001-\$15,000	\$1,081	\$1,837
\$15,001-\$16,000	\$1,151	\$1,957
\$16,001-\$17,000	\$1,222	\$2,077
\$17,001-\$18,000	\$1,293	\$2,198
\$18,001-\$19,000	\$1,364	\$2,318
\$19,001-\$20,000	\$1,435	\$2,438
\$20,001-\$21,000	\$1,505	\$2,559
\$21,001-\$22,000	\$1,576	\$2,679
\$22,001-\$23,000	\$1,651	\$2,806
\$23,001-\$24,000	\$1,722	\$2,927
\$24,001-\$25,000	\$1,792	\$3,047

*Note: CFAR is 1.7 x the base rates.



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April 5-15, 2027 Trip Code: 27RS04ITAA-SB

DEPOSITS AND FINAL PAYMENT:

- Please use the QR code on the front of this brochure to enroll.
- A deposit of \$500.00 per person should accompany your registration by December 22, 2026.
- Final payment is due by February 4, 2027.*
- Your passport must be valid through October 15, 2027.

All prices are based on payment via check. A convenience fee of 4% will be charged for credit card payments. We also take payment via Zelle.

Please mail your payment to: Select International Tours, 85 Park Ave., Flemington, NJ 08822, Attn: Rebecca Stoker, 800-842-4842, rebecca@select-intl.com.

PILGRIMAGE PRICES: Trip price is based on a minimum of 20 passengers. Prices may be adjusted for fewer travelers, changes in currency conversion rates, or amendments in local government taxes and/or fuel surcharges. Prices for this trip are in US dollars. For European travel, an exchange rate of US \$1.20 per Euro is assumed. *A late payment fee of \$100.00 per person will be charged for all payments received after the final payment due date.

SOLO ROOM: A limited number of single rooms are available. Prices are based on two people per room. We do not guarantee roommates, but will do our best to connect you with someone willing to share.

LAND-ONLY OPTION: Land-only services start and end at the hotels and do not include any airfare. You are welcome to transfer from the airport with the group if you arrive at the same time; otherwise, transfers are not included.

TOUR CANCELLATION POLICY: Individual deposits are refundable except for a \$350.00 per person handling fee for cancellations made 91 days or more before departure. A \$500.00 non-refundable fee will be assessed if the reservation is canceled between 90 and 60 days prior to departure. Within 60 days of departure, all payments are non-refundable regardless of the reason for cancellation. All airline tickets are non-refundable once issued. All cancellations must be in writing. Unused portions of the trip are not refundable. If a roommate cancels, the cost of a solo supplement will be added to your invoice. You may be eligible for a refund through your travel protection provider.

TRIP CANCELLATION PROTECTION: We strongly recommend the purchase of trip cancellation/travel accident insurance for every passenger to protect their investment (all payments are non-refundable 60 days before departure). PLEASE NOTE that in most cases travel protection must be purchased within 14 days. Additionally, some options are not available to residents of NY. Please see <https://selectinternationaltours.com/travel-protection-plans/> or call Trawick International at 1-888-681-6272 for complete details, restrictions, and deadlines.

AIRLINE, SEATING AND CHANGES: To best accommodate our pilgrims, we utilize Group Air Reservations. This affords more predictable space and pricing. However, the airline (not Select International Tours) assigns seats when the group tickets are issued. If you require very specific seats, we suggest you take advantage of the "Land Only" option and book your own airfare. Airline ticket name changes due to missing, incorrect, or incomplete information provided during registration will result in fees of at least \$350 per traveler. Switching reservations from Air and Land to Land Only within 100 days of departure will incur a minimum fee of \$250.00 per person. Quotes for Business class and Premium Coach seats are available upon written request, as are add-ons from your hometown airport. We may not be able to honor upgrade requests within 100 days of departure.

SPECIAL NEEDS AND REQUESTS: All special needs and requests due to medical or dietary restrictions must be received in writing at least 60 days before departure. People needing a wheelchair should bring their own and travel with a companion who can provide care for them.

WALKING: Our trips require daily walking, sometimes up or down slopes, steps, and uneven terrain. We recommend preparing by walking before the trip. A qualified and physically able travel companion must accompany anyone needing assistance. We are not responsible for any medical condition that occurs before, during, or after the trip.

RESPONSIBILITY: By accepting this confirmation, you also agree to the complete Terms and Conditions list at <https://selectinternationaltours.com/terms-conditions/>. The Group Leaders, Spiritual Directors, and Select International Tours, Inc. have no responsibility for any acts or omissions of the travel suppliers in your itinerary and during your trip. We have no special knowledge regarding the financial conditions of the suppliers, unsafe travel conditions, health hazards, or weather hazards at locations traveled. We are not responsible for flight delays, cancellations, or any charges incurred due to unforeseen circumstances. We are not responsible for any sickness or disease you contract or any injury you sustain while traveling. Unused portions of the trip are non-refundable. Please consult the appropriate online resources for information about destination climate, risks, and safety. For health information, consult the Centers for Disease Control and Prevention. You are responsible for understanding and complying with your destination's passport, visa, vaccination, or other entry requirements. Itineraries are subject to change. We are not responsible for any damaged, lost, or stolen articles. We are not responsible for any sickness, injury, or death during or after the trip. Travel documents will be mailed out approximately three (3) weeks before departure. Please review them carefully for any errors.

This trip is open to women 18 years or older.

SHIPPING & HANDLING: \$15.00 per person—not included in the package price—will be added to each invoice. Your invoice will confirm the trip registration.

**For answers to the most frequently asked questions,
please visit selectinternationaltours.com/faq/**